



STANDING ORDER

COLDS

I. ASSESSMENT

- A. Assess for watery, nasal discharge, low-grade fever, nasal congestion, and myalgia.
- B. Take TPR and blood pressure if indicated.

II. MANAGEMENT

- A. Increase fluid intake, eight (8) or more cups of water per day.
- B. APAP 325 mg, 2 tablets BID PRN for fever or discomfort, or Ibuprofen 400 mg BID PRN. May be purchased during A.M. and P.M. medication pass.

III. EVALUATION

- A. If symptoms persist, or worsen, beyond seven (7) days, contact Facility Provider for orders or see facility nurse practitioner or physician at next visit.