



STANDING ORDER

CHEST PAIN

I. ASSESSMENT

- A. Assess for substernal pressure, tightness, heaviness, burning, aching, may radiate to jaw, neck, back, arms, nausea, shortness of breath, hypoxia. Sense of doom.
- B. Take vital signs.
- C. Obtain cardiac history, number of nitro tablets taken if any.

II. MANAGEMENT

- A. Have inmate administer nitroglycerin tablets sublingually (five minutes apart for three doses). If symptoms are severe, do not wait **15 minutes**.
- B. May keep three nitro 0.4 mg. in cell for c/o chest pain with or without an order.
- C. Call EMTs to assess for transport to emergency room if pain does not subside or is not relieved by nitroglycerin. Have AED in close proximity to client.
- D. Administer oxygen at 2-5 L/minute if inmate shows signs of hypoxia.

III. EVALUATION

- A. If not transported to emergency room and symptoms continue, contact Facility Provider by phone to be evaluated by Facility Provider at next scheduled visit.